

Crack the Whip!! :) (Terms and Conditions)

Payment for a class assumes agreement with the terms and conditions.

Who can take my classes?:

I welcome everyone to my classes, the only exception being children under 16. I do not offer women only classes.

About class time and learning styles:

Class can begin with some discussion and announcements lasting 5 minutes. We will then go into a warm-up meditation series that lasts from 5-15 mins. We end with a cool down and question time. Each class is different. Choreography and "warm-ups" are considered teaching time.

Prior to a performance, class time can include discussion of venue, expectations, and/or dress rehearsal. All students, whether performing or not, are encouraged to participate.

As a student it is not often clear which teaching method I am using and what the reason for each section may be. I am always happy to explain. In all classes there will be students of a mix of abilities and aims. It is my job as a teacher to provide interesting activities to help everyone learn.

Sometimes an activity may work for only part of the class, in which case I will plan in some way of helping the other students learn the same activity either in the same lesson or at a later date.

If you would like a lesson to be designed solely at your learning styles or your ability level, please book me for a private lesson.

Every student gets out of a lesson as much as they put in. This site and the classes in general should help you adapt to your needs, be they fitness, emotional or artistic. Practice at home between classes goes a long way to help you along with your learning. ;)

If you are late to class: please do not barge in offering flustered apologies or talk to students who are engaged in the beginning moving meditation. Simply come in quietly, sit down, and try to become centered. I am glad that you are in class, and I'm glad to see you!

You are responsible for your own body and belongings:

Students are responsible to be aware of, and take care of, their own bodies. Do not push past where your body can go! If you get a pain signal from your body, do not ignore. My classes are non-competitive, so there is no need to push. I am not liable if you hurt yourself

Should go without saying, but please make sure you are not under the influence of alcohol or drugs during a class or any event we are scheduled to perform as a class. You should also not dance when on strong medication.

Talking and having fun is all part of the class unless it becomes disruptive to the group, in which

case it should be kept for after class time.

Your belongings remain your responsibly at all times. I am not liable for any damage or losses.

Cancelations and notifications:

Should a class be cancelled at short notice I will do my best to contact all those students who have given me their email addresses. I will generally do this by sending a message through the Yahoo group; I will also do my best to have a note posted at the class studio, though this may not always be possible. I will not try to telephone anyone as this is very time consuming, nor can I text you. Sorry!

Yahoo group:

Please join the Yahoo group. It is safe, free, and easy to join, and *it is a required part of being in my classes.* the Yahoo group URL is <http://groups.yahoo.com/group/mainegothicbellydance>

You can decide which way to receive messages: Individual, digest, and web-only. If you do choose the web-only option, please be sure to check the site at least once a week, especially before class.

All music used for performances are uploaded to the Yahoo group, to be downloaded by you for at home rehearsal.

Students may post to the Yahoo group. Questions, bellydance related video URLs, and discussion topics are welcomed! All messages, photos, etc. are subject to approval before they appear as an email to members. Please be patient as I am not *always* on line! ;)

I try to keep the Yahoo calendar updated as much as possible for events, etc. Reminder and announcement emails are sent periodically about new class sessions, performances, and other bellydance related events.

Communication outside of class:

I will communicate with you via the email address you give me. I will not pass on your email address or any other details about you to anyone else without your prior permission. In case of emergency your details may be used by my "representative" (example : I may ask Mike to send everyone an email if I was in the hospital)

Any requests for any information, class content or help in any form will only be responded to once sent to me via email. I reserve the right to "ignore" your requests, to accidentally delete your emails, or to forget to bring information to your next class. ;) I try to be very helpful and love discussing this subject but it is not always the way I can afford to spend my spare time.

You may pass on my email address and web site to anyone who you think may be interested in my teaching or performing (please do--most of my new students come from your recommendations!). You may list my web site or email address on other peoples site or discussion groups (I would prefer it if you replaced the @ with [at] to help reduce the spider spam). You may post my email

and web address on notice boards as long as you feel they will be welcomed.

You may email me with anything dance related you think I may be interested in or anything that will help you grow as a dancer or student pertaining to the classes or performances. You can also post such things to the Yahoo group.

Unless it is pertaining to bellydance, please do not send me "spam"; this would include, but is not limited to, pictures of cute dogs or teddies, quizzes, anything that promise me luck if I send it to 12 of my friends, poems or sayings.

About the music used in class:

I do not make compilation CD's of the music we use in class, nor will I make copies of DVD's that we watch for individual students. I can announce the artist if I am asked and, if known, I can announce the title of the music I am using as I use it in class; I advise students to write down the info for what is of interest to you.

Please bring a notebook to class to write down choreography. I am not responsible for writing out my choreography for you, though I may do this as a courtesy.

Student Troupe/performances:

All students who wish to perform at student showcases, and/or as part of Aepril's student troupe must:

-be in attendace at the last class before a performance

-have no more than 2 classes missed total. Anything over this amount of classes missed will need to be cleared with Aepril.

-there may be additional fees for extra student troupe perfomances. All students will be made aware of this well in advance.

About payment/refunds*

I can not and do not offer reduced rates for my classes.

I have a policy of no refunds under any circumstances. Please do not sign up to a series unless you are sure you can make all the sessions or you are happy to pay for sessions you know you can not attend.

If you are unhappy with the content or learning you received during a class you may not have a refund. I believe that, by offering payment per class, everyone has the opportunity to discover if they like the classes and me as a teacher.

All classes must be paid for before the lesson begins. Drop in classes are paid on the day of the class and the money can not be refunded during or after a session. Those registering for a series have to pay in full before the first lesson (half to reserve prior to the first class). If you are late

arriving for a class remember to pay before leaving.

** students attending my YMCA classes pay and register through the Y, and therefore need to consult with the Y about refunds, drop-ins, etc.*

Thank you for being in my classes! I am honored by your presence in my class and your trust in me as an instructor, and I will do everything I can to make your learning experience enjoyable, exciting and enriching.